

Meet your Student



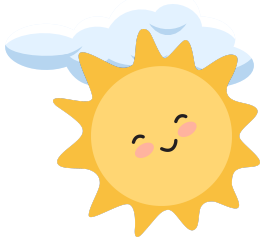
Meet

Here are some facts about me that may help you understand my FASD (Fetal Alcohol Spectrum Disorder). FASD is a brain based disability. Even though I try my best I might get upset, appear lazy, act hyper or not want to do school work. I might even come across more capable than I really am. Many children like me with FASD, do well with routine and having directions repeated and explained slowly. Please remember, I have difficulty with cause and effect and I can be impulsive. Due to having FASD it is difficult for me to learn from my experiences.

Anyone at school can be my advocate.
Please reach out to my caregivers if you have any questions.
You can also find more
information about FASD at [FASDUnited.org](https://fasdunited.org).
or you can contact FASD United Family Navigator.
fasdunited.org/family-navigator

Thank You





Meet Your Student



My name

Age

Grade

Caregiver contact

Some things I am good at



I might physically look a certain age, but cognitively and socially I may be immature. What I can do today I might not be able to do tomorrow. I often need things taught to me multiple times before I can do it independently.

Sometimes I struggle with

☐

Memory

☐

Anger, Aggression

☐

Sensory Processing

☐

Hyperactive

☐

Dysmaturity

☐

Speech and Language

☐

Executive Functioning

☐☐

Math, Time and Money

☐

~ ”

By being more aware they would know I am doing my best. I am not a bad kid; I am just struggling and need a little extra help and

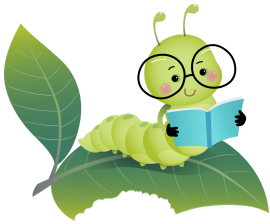
patience.

” ~



Brenna, High School Student

Things that help me in the classroom



Structured Environment

Routines

Less words and more time to respond

Lots of breaks

Visual aids

Breaking down bigger assignments in less overwhelming steps

Concrete and specific visuals

A quiet and calm work area

Some of my favorite things, and how I like to keep busy



Additional thoughts from my caregiver



Resources



Duke Guide

Understanding Fetal Alcohol Spectrum Disorder: A Comprehensive Guide for Pre-k-8 Educators

Understand FASD: What Educators Need to know

https://www.nhsaaa.net/media/8391/fasd_whateducatorsneedtoknow.pdf

IQ vs Exe. Functioning <https://www.beyondbooksmart.com/executive-functioning-strategies-blog/iq-and-executive-function-skills>

Reframe & Reconsider Poster series (Covers areas of difficulties and how FASD impacts them)

Fidgeting

Inconsistent Performance

Lying

Non-Compliance

Poor Judgement

Repeating Mistake

Seeming Easily Triggered

Boundary Issues

Being Late

For more information and free support, contact

fasdunited.org/family-navigator

We are here to help!



FASD United

Family Navigator

