



Hawaii Fetal Alcohol Spectrum Disorders (FASD) Action Group

FREE

Parent & Caregiver Support Group

The *Hawaii Fetal Alcohol Spectrum Disorders (FASD) Action Group* hosts a virtual support group for parents and caregivers of children affected by Fetal Alcohol Spectrum Disorders and/or other health disabilities via Zoom every other month. This group is a safe and welcoming space for parents and caregivers to share their feelings and experiences with others who understand, discuss challenges and solutions that have worked for them, develop friendships, and gain emotional support.

Dates: Wed. January 19 @ 6pm - 7pm
Wed. March 16 @ 6pm - 7pm
Wed. May 18 @ 6pm - 7pm
Wed. July 20 @ 6pm - 7pm

WHERE: ZOOM

Please send an email to parent facilitator Sina P. Pili
Pili.sina.p@gmail.com

A meeting invite link will be sent to you

* This is an informal and confidential support group for parents and caregivers and is not a professional counseling or therapy group.

